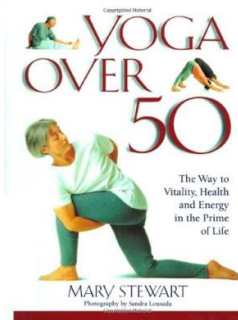


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## YOGA OVER FIFTY: THE WAY TO VITALITY, HEALTH AND ENERGY IN THE PRIME OF LIFE



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