



## Speaking of Death: What the Bereaved Really Need (Paperback)

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By Annie Broadbent

Little, Brown Book Group, United Kingdom, 2017. Paperback. Condition: New. Language: English . Brand New Book. To support the bereaved, we need to get to grips with death. Talking about death and grief has become something of a modern taboo. Most of us would rather avoid the subject altogether because it makes us feel anxious or awkward. When Annie Broadbent's mum died, one of the hardest parts of her experience was seeing her friends and extended family paralysed by their fear of saying or doing the wrong thing. Frustrated and saddened by her own experience, in this thoughtful book Annie presents sixteen stories which build a much needed bridge between the bereaved and the rest of us. Combined with expert advice, Speaking of Death is a collection of real life experiences of grief. The stories help you build your own relationship with death and provide support for supporters of the bereaved. If you've never known what to say to a grieving person, you will after this book. Annie offers a compassionate and caring approach to supporting someone through grief, developed through her own experience and the use of expert advice . . . this book will be a helpful...

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