



## Touch and Tickle

By Sanja Rescek

Child's Play International Ltd. Board book. Book Condition: new. BRAND NEW, Touch and Tickle, Sanja Rescek, Touch is a baby's first language. Designed to stimulate the senses, and based on research into the benefits of baby exercise and massage, these books encourage interaction between parent and baby. Devoting time to special activities with your baby plays a crucial part in the bonding process. Touch helps to promote feelings of security and confidence. Massage has been shown to encourage relaxation, enhance sleep, improve circulation and digestion, and aid pain relief. It also allows time to explore new feelings and share new experiences.



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