



Third Eye Awakening: 10 Techniques to Open the Third Eye Chakra (Expand Mind Power, Psychic Awareness, Enhance Psychic Abilities, Pineal Gland, Intuition, and Astral Travel) (Paperback)

By Kate O Russell

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The Third Eye is your most powerful psychic tool. Energy medicine utilizes the energy fields of your body to lessen pain and illness while simultaneously increasing one's focus, balance, and happiness. By purifying your energy field, you clear your physical body of negative energy and all your whole self (mind and body together) to be healed and re-energized. Overactive or underactive chakras will result in mental or physical illness. So, how do you balance these chakras? What are the seven chakras and what are the apparent health benefits of aligning them? There are many studies and articles available on the Third Eye, and while there is still so much we may not completely understand about the human brain (and the seven chakras specifically), there is one fact that is commonly referenced and generally agreed upon: awakening the sixth chakra, the Third Eye, may really be your most powerful psychic tool. In taking the time to learn about the seven chakras, you will gain the knowledge to balance your body's naturally occurring energy cycles. When giving a brief summary of each...



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