



## Prison Break: Vanquish the Victim, Own Your Obstacles, and Lead Your Life (Paperback)

By Jason Goldberg

Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Jason Goldberg has given us a way to break out of our victimized lives forever in this energetic, inspiring, entertaining read. -Steve Chandler, Author of Crazy Good ----- Writing this book is quite possibly the most selfish thing I have ever done. After living the first 30 years of my life as a Prisoner of circumstance - blaming everyone and everything around me for my hopelessness, my anger, my stress and even my obesity; waiting to finally get a break and confidently proclaiming that my victim personality was permanent and just the way I am (I m sure none of you reading this can relate) - I finally discovered the simple and powerful distinction that helped me transition from a helpless, exhausted, overwhelmed and overcommitted Prisoner to a creative, conscious, and courageous Self-Leader. While it s true that as a speaker, trainer and coach, I could tell you I wrote Prison Break because I was so passionate about sharing with you what I know has been THE most pivotal piece of my personal transformation, it s only half of the self-serving...



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