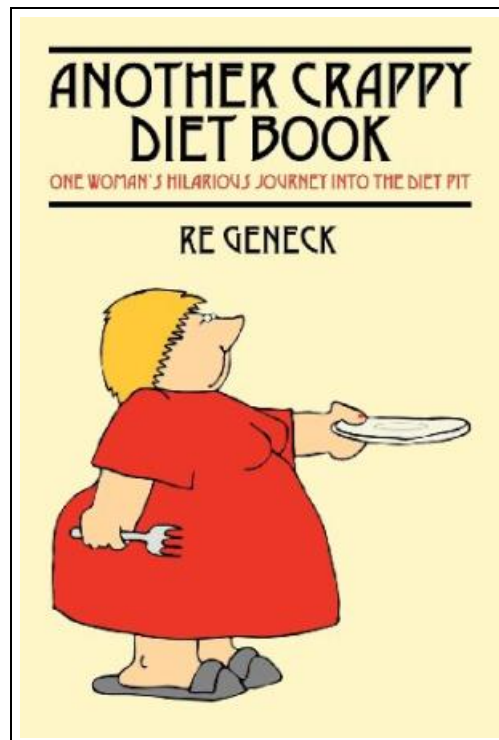


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ANOTHER CRAPPY DIET BOOK: ONE WOMAN S HILARIOUS JOURNEY INTO THE DIET PIT (PAPERBACK)

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Outskirts Press, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.ANOTHER CRAPPY DIET BOOK If I were to win the lottery, the first thing I would do is to check myself into an expensive fat farm. Dollars to doughnuts I d be checking myself out the next day. Unfortunately, that s how long my attention span lasts. You could compare my Einstein like mastermind to a glass of Champagne or a Mimosa . . . inhaled quickly for medicinal reasons . . . employing the floor to mouth five second rule. To quote the American Hero, Popeye, I am what I am, and that s all I am. I shall never look like Olive Oyl, nor do I want to. However, being healthy has now become a priority for me. I m sucking it up to start my new life style. Inside this finely crafted cover are secrets I have learned over the years of what not to do when trying to lose weight. Join me as we take a peek at my comedic journey into the abyss of fad diet attempts. Enjoy hilarious belly laughs reading how this one simple woman has never been able to put a kibosh on the endurance race of quick, but not always successful, weight loss. One door closes another one opens, but what happens if you can t fit through the open door? I see a potential dilemma for we oversized but loveable mortals. WARNING: IF YOU DON T HAVE A SENSE OF HUMOR, PUT THIS BOOK DOWN AND WALK AWAY!.

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