



Sugars That Heal

By Emil Mondo

Random House USA Inc, United States, 2003. Paperback. Book Condition: New. Reprint. 201 x 132 mm. Language: English . Brand New Book. Sugars that heal it sounds like a contradiction in terms, but it s the key to one of the most important breakthroughs in recent medical science. We ve all been bombarded with warnings about the evils of consuming too much sugar. But, in fact, for our bodies to function properly, we need small amounts of eight essential sugars, only two of which--glucose and galactose--are commonly found in our limited, overprocessed diets. When all eight sugars are available, the health benefits can be breathtaking: Individuals regain their ability to fight disease, reactivate their immune systems, and are able to ward off infection. Based on cutting-edge research in the rapidly evolving science of glyconutrients, Sugars That Heal is an exciting new approach to health and disease prevention. As medical doctor and scientific researcher Emil Mondo explains, these eight essential sugars, known as saccharides, are the basis of multicellular intelligence--the ability of cells to communicate, cohere, and work together to keep us healthy and balanced. Even tiny amounts of these sugars--or lack of them--have profound effects. In test after test conducted...



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Without doubt, this is actually the best job by any publisher. It is written in basic phrases instead of difficult to understand. You will like the way the author publishes this publication.

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It is one of the best ebooks. Yes, it is actually engaging, still an interesting and amazing literature. It has been developed in an exceedingly straightforward way in fact it is just following me through this book by which basically modified me, alter the way I really believe.

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