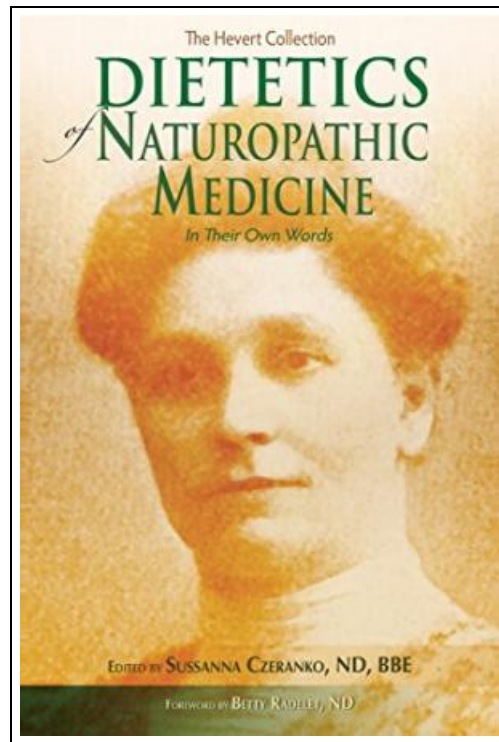


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NCNM Press, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.What we choose to eat is arguably the most important factor in producing and sustaining health. Diet was a cornerstone for the early Naturopaths as they charted their course for health reform. Dietetics of Naturopathic Medicine reviews the writing of these early Naturopaths who scrupulously examined and documented the role of diet and food. As important today as when these pioneers first brought forward their discoveries into clinical practice, their dietetic knowledge is a precious resource for the modern Naturopath. The Rare Book Room at National College of Natural Medicine houses the unique collection of journals published by Benedict Lust in the last century. Through fifty years of advocacy and patient care, this naturopathic champion wrote, collected, edited and published several thousand substantial articles on every conceivable naturopathic medical subject. Culling this rich landscape of seminal articles, Dr. Sussanna Czeranko, ND, Rare Book Room Curator, has created an extraordinary, one-of-a-kind resource called The Hevert Collection: In Their Own Words, a twelve book series that reintroduces the roots of the medicine to modern Naturopaths. Our bodies are masters of self-healing, long verified in Physiology as homeostasis . Yet, day after day thousands of unhealed men and women trudge off to doctors offices seeking medicines to soothe their complaints. Many of these medicaments, though, have led to even greater predicaments. For hundreds of years Nature minded doctors have taught that foods and herbs, when misused, can harm, but when used appropriately will heal. Sussanna Czeranko, ND, has taken the best from this vast literature of the Lust journals and made it available for modern ND s and their patients. We can all benefit from the cumulative wisdom and pearls...



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