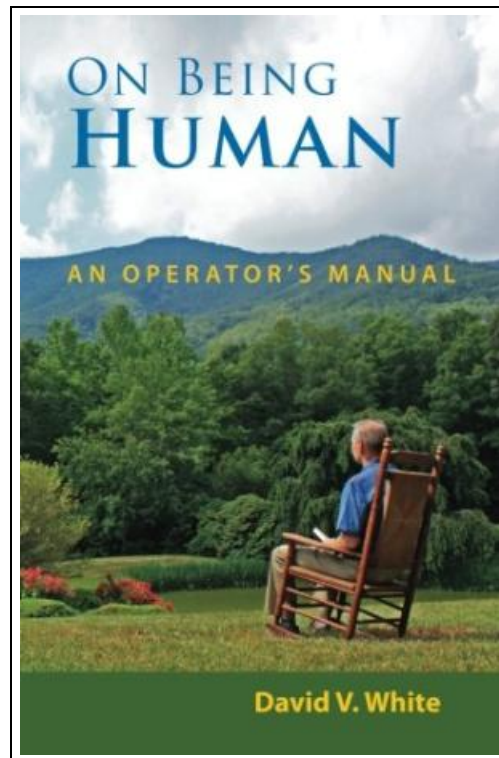


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Reviews

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Meaningful Life Books. Paperback. Book Condition: New. Paperback. 258 pages. Dimensions: 8.3in. x 5.5in. x 0.8in. If you have asked yourself questions like How should I live On what shall I base my decisions or What is truly important On Being Human will be a source of help and guidance. Modern thought tends to divide life into categories, but in the process of living, all the currents mix and mingle and worthwhile answers only come from finding a harmonious relation to the whole. Seeking holistic understanding, this book ranges through psychology, art, science, religion, relationships, culture, mythology, philosophy, and the worlds wisdom traditions. Although no one can be expert in all these areas, the living of life does not offer the choice of avoiding any of them. Whether expert or not, each of us must come to terms with the full scope of human questions, emotions, and possibilities. This wide-ranging book will provide assistance for those who wish to bring all these currents together in a coherent way. Retiring at the age of 35 after successful involvement in business, politics, and education, David began to consider more carefully what was truly important in life. Following several years of study, travel, practice, and experiences of many kinds, there came a deepening sense of what it means to live a human life. His understanding developed further through dialogue with hundreds of participants in seminars and workshops he presented over the past twenty years. In this book, he shares the insights gained in these years of personal exploration and exchange. Recommendations: We get thrown into life, and end up in the most frustrating places! Why dont they give us a road map for how to be a human being In my psychotherapy practice, this question arises often. In On Being Human: An Operators Manual...



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