



Achievement: The Little Book That Explains the Science of Setting Goals to Get What You Want!

By Makram Shakur

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Science Of Achievement Made Simple The ones who want to achieve and win championships motivate themselves - Mike Ditka We are all born with an innate need to better ourselves and to achieve. Why is it then that so few of us manage to do it? The answer is due to the fact the so few of us set goals. Studies have shown that only 3 of the population sets goals for themselves and only 1 regularly checks them. And who makes up the ranks of that 1 ? Some of the greatest achievers the world has ever seen. My name is Makram Shakur and I immigrated to America from Iran many years ago. I have always been thankful for this but my first few years in my new land were difficult. This is how I learned the absolutely necessary process of setting little goals for myself and achieving them. There are so many books out there on this subject but most of them are so long and complicated. Often I would get to the end of...



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